

Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	70	19.19	senior mas	HASSAN LEKHILI	ACADEMIA POSTAL OURENSE	OURENSE
2	174	19.21	senior mas	ROBERTAS GERALAVICIUS	GIMNÁSTICA	PONTEVEDRA
3	117	19.54	senior mas	AKKA ESSAADAOU	INDEPENDENTE	PONTEVEDRA
4	115	23.04	veteranos	RAMÓN SERANTES GÓMEZ	ATLETISMO C. COMARCA	CORUÑA
5	72	23.13	senior mas	JOSÉ SEOANE SÁNCHEZ	REAL CLUB CELTA ATLETISMO	LUGO
6	129	23.41	senior mas	JAVIER FERNÁNDEZ FERNÁNDEZ	FONTES DO SAR	VILARGARCÍA
7	145	24.05	veteranos	JUAN CARLOS BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
8	10	24.29	senior mas	IVÁN GARCÍA NUÑEZ	INDEPENDENTE	AS PONTES
9	153	24.35	senior mas	DAVID CASTRO CAMPELLO	OLYMPO AS PONTES	AS PONTES
10	132	24.58	VETERANAS	FERNANDA MIRANDA	S.C. DE BRAGA	PORTUGAL
11	121	25.09	veteranos	GERARDO ALONSO PIÑEIRO	INDEPENDENTE	CABANAS
12	143	25.16	veteranos	MODESTO BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
13	136	25.22	senior mas	ALBERTO CASTRO BLANCO	INDEPENDENTE	CORUÑA
14	59	25.30	SENIOR FEM	RAQUEL SUÁREZ PEDROSA	RÍA FERROL	SANTIAGO
15	34	25.32	senior mas	MIGUEL A. REY LÓPEZ	INDEPENDENTE	NARÓN
16	2	25.36	senior mas	JUAN JOSÉ BLANCO MAROÑO	INDEPENDENTE	FENE
17	187	25.39	veteranos	MARCOS LOSADA GARCÍA	NOITEBRA FC	SANTIAGO
18	208	25.42	veteranos	MANUEL MOSQUERA ESTÉVEZ	PINAR DONIÑOS	FERROL
19	89	25.59	veteranos	JOSÉ MANUEL PÉREZ PEREIRA	INDEPENDENTE	RIBADEO
20	185	26.13	senior mas	MIGUEL BLANCO LÓPEZ	INDEPENDENTE	AS PONTES
21	122	26.23	SENIOR FEM	MARICARMEN PENAS BLANCO	COMESAÑA	ARZÚA
22	198	26.24	veteranos	MANUEL FCO. RODRÍGUEZ VÁZQUEZ	INDEPENDENTE	LUGO
23	24	26.30	senior mas	JOSÉ LUIS ALTAMIRANDA BLANCO	INDEPENDENTE	ARES
24	44	26.33	veteranos	JOSÉ ANTÓNIO TEMBRÁS AMENEIRO	CASTRO DE LOBADIZ	AS PONTES
25	137	26.37	VETERANAS	ESTHER PEDROSA CARRETE	USC	SANTIAGO
26	87	26.54	senior mas	GONZALO PITA BARROS	INDEPENDENTE	AS PONTES
27	51	27.03	senior mas	MIGUEL ÁNGEL PÉREZ BARRO	INDEPENDENTE	VILALBA
28	9	27.15	senior mas	MANUEL FERRO DOPICO	OLYMPO AS PONTES	AS PONTES
29	165	27.18	senior mas	CÉSAR RAMIL FERREIRO	OLYMPO AS PONTES	AS PONTES
30	163	27.21	senior mas	ABEL PÉREZ CORRAL	OLYMPO AS PONTES	AS PONTES
31	80	27.25	senior mas	JOSÉ MARÍA FERNÁNDEZ BLANCO	ATLETISMO C. COMARCA	CORUÑA
32	192	27.37	senior mas	ALBERTO PARDO FERNÁNDEZ	ATLETISMO C. COMARCA	CORUÑA
33	53	27.41	senior mas	ÓSCAR BOUZA RODRÍGUEZ	INDEPENDENTE	VALDOVIÑO
34	140	27.46	senior mas	ALEJANDRO ALARCÓN GIRALDO	OLYMPO AS PONTES	AS PONTES
35	66	27.50	veteranos	JOSÉ MANUEL DOPICO SOTO	INDEPENDENTE	NEDA
36	23	27.56	senior mas	ALBERTO CHAMORRO DÍAZ	INDEPENDENTE	FERROL
37	168	27.59	senior mas	MIGUEL VILABOY ROMERO	OLYMPO AS PONTES	AS PONTES
38	54	28.00	senior mas	JOSÉ MANUEL ROCA RODRÍGUEZ	A FUME DE CAROZO	ARANGA
39	25	28.04	senior mas	CARLOS DÍAZ LÓPEZ	TRASGOS CORUÑA	CORUÑA
40	114	28.11	SENIOR FEM	EUSEBIA MALDONADO	INDEPENDENTE	CORUÑA
41	172	28.15	SENIOR FEM	TEREZA CTVRTNICKOVA	GALLAECIA RAID	REP. CHECA
42	15	28.17	senior mas	ALFONSO PÉREZ SANFIZ	RÍA FERROL	OUTEIRO DE REI
43	182	28.21	senior mas	DAVID LÓPEZ FERNÁNDEZ	INDEPENDENTE	NARÓN
44	169	28.22	senior mas	LUIS VILASUSO PITA	OLYMPO AS PONTES	AS PONTES
45	204	28.24	senior mas	ANTONIO POLO CAMPELLO	INDEPENDENTE	AS PONTES
46	11	28.33	veteranos	JOSÉ MANUEL MARTÍNEZ FERNÁNDEZ	ATLETISMO MONTE SEGADE	LUGO
47	36	28.34	senior mas	JORGE RODRÍGUEZ BORRAJO	INDEPENDENTE	AS PONTES
48	98	28.35	senior mas	ROBERTO CABANAS ORIZALES	INDEPENDENTE	AS PONTES
49	35	28.38	xuvenil mas	ADRIÁN GONZÁLEZ REY	INDEPENDENTE	NARÓN

Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
50	127	28.41	senior mas	RAMÓN LAMEIRO POPARIÑA	INDEPENDENTE	VILALBA
51	86	28.46	senior mas	FELIPE PITA BARROS	INDEPENDENTE	AS PONTES
52	69	28.48	veteranos	MANUEL LÓPEZ CORRAL	INDEPENDENTE	AS PONTES
53	179	29.04	senior mas	RAMÓN VARELA CASTELO	INDEPENDENTE	OUIROL
54	6	29.19	veteranos	SANTIAGO GARCÍA BELLO	INDEPENDENTE	CAMBRE
55	78	29.26	veteranos	PEDRO ABELEDO CORTIZAS	AFFLELOU NARÓN	NARÓN
56	37	29.37	veteranos	JOSÉ RAMÓN SOUTO LÓPEZ	INDEPENDENTE	NARÓN
57	99	29.41	senior mas	CARLOS GONZÁLEZ CRIADO	INDEPENDENTE	CAMBRE
58	83	29.43	veteranos	JULIO VÁZQUEZ PEDREIRA	ATLETISMO AS MARIÑAS	BETANZOS
59	27	29.47	senior mas	PEDRO DOMENECH GONZÁLEZ	ATLETISMO C. COMARCA	CULLEREDO
60	186	29.59	senior mas	PABLO PARDO BERMÚDEZ	INDEPENDENTE	ROUPAR
61	120	30.00	senior mas	FRANCISCO TORRADO ARES	INDEPENDENTE	ASTURIAS
62	77	30.05	senior mas	SERGIO INFANTE LÓPEZ	INDEPENDENTE	PONTEDEUME
63	40	30.13	veteranos	CARLOS PAZOS PORTO	INDEPENDENTE	COIRÓS
64	16	30.17	senior mas	EDUARDO CERNADAS VÁZQUEZ	INDEPENDENTE	VALDOVIÑO
65	201	30.21	veteranos	PEDRO FARALDO MAROÑO	ARTYEON	GETAFE
66	17	30.23	senior mas	LORENZO GRAÑA MURADO	INDEPENDENTE	AS PONTES
67	96	30.24	senior mas	MIGUEL CABARCOS ROUCO	INDEPENDENTE	AS PONTES
68	85	30.35	senior mas	BRUNO PARDO FLEIRE	INDEPENDENTE	AS PONTES
69	154	30.49	SENIOR FEM	SUSANA CASTRO PENA	OLYMPO AS PONTES	AS PONTES
70	128	30.50	senior mas	JUAN JOSÉ BARJA GRAÑA	INDEPENDENTE	ABADÍN
71	45	30.51	senior mas	BENEDICTO GONZÁLEZ PÁRRAGA	INDEPENDENTE	FERROL
72	91	30.54	veteranos	ROBERTO SANJUAN SÁNCHEZ	INDEPENDENTE	MUGARDOS
73	47	30.59	SENIOR FEM	MARÍA SOUTO PRIETO	LUCUS CAIXA RURAL	VILALBA
74	203	31.03	senior mas	SALEM BRAHIM MOHAMED	INDEPENDENTE	AS PONTES
75	84	31.05	senior mas	HELIO BAAMONDE MONTES	INDEPENDENTE	AS PONTES
76	155	31.11	VETERANAS	ANA DOPICO RODRÍGUEZ	OLYMPO AS PONTES	AS PONTES
77	149	31.15	senior mas	HUGO BLANCO BLANCO	OLYMPO AS PONTES	AS PONTES
78	147	31.19	VETERANAS	SUSANA BELLAS BERMÚDEZ	OLYMPO AS PONTES	AS PONTES
79	159	31.21	senior mas	XALO MAIRA PERNAS	OLYMPO AS PONTES	AS PONTES
80	118	31.23	senior mas	PABLO ÁLVAREZ SOAZ	INDEPENDENTE	SADA
81	106	31.25	senior mas	DANIEL GRANADERO REY	INDEPENDENTE	AS PONTES
82	195	31.26	veteranos	ARMANDO PERMUY DÍAZ	INDEPENDENTE	AS PONTES
83	112	31.27	VETERANAS	PURIFICACIÓN FERNÁNDEZ CAMPOS	INDEPENDENTE	BERGONDO
84	50	31.29	veteranos	ANTONIO SOUTO REGO	INDEPENDENTE	VILALBA
85	90	31.32	veteranos	JUAN ANTONIO EXPÓSITO LOZANO	ZEPPELIN ATLÉTICO	NARÓN
86	73	31.37	veteranos	ALBERTE SOUTO SOUTO	INDEPENDENTE	AMES
87	67	32.00	senior mas	MARTÍN BLANCO HERMIDA	INDEPENDENTE	A CAPELA
88	76	32.08	veteranos	RICARDO BRANDON VENOZZA	INDEPENDENTE	CORUÑA
89	18	32.09	veteranos	DAVID ÁLVAREZ RODRÍGUEZ	INDEPENDENTE	AS PONTES
90	92	32.12	senior mas	JAVIER CRUZ MORILLO	INDEPENDENTE	AS PONTES
91	58	32.18	senior mas	GONZALO MARTÍN BRANDON CASTRO	INDEPENDENTE	CORUÑA
92	164	32.31	SENIOR FEM	VIRGINIA POLO CAMPELLO	OLYMPO AS PONTES	AS PONTES
93	171	32.33	xuvenil mas	WALISON DASILVA GAMA	OLYMPO AS PONTES	AS PONTES
94	134	32.37	senior mas	ELOY TEMBRÁS FRANCO	INDEPENDENTE	AS PONTES
95	107	33.16	SENIOR FEM	ISABEL LEDO FILGUEIRAS	INDEPENDENTE	AS PONTES
96	207	33.27	senior mas	LUIS BARRIO CASÁS	INDEPENDENTE	AS PONTES
97	95	33.41	senior mas	DANIEL BOUZA CRIADO	INDEPENDENTE	AS PONTES
98	5	33.42	veteranos	JOSÉ MIGUEL VARELA LAMIGUEIRO	INDEPENDENTE	AS PONTES

Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
99	191	33.42	senior mas	MANUEL LEDO LORENZO	INDEPENDENTE	AS PONTES
100	65	34.03	veteranos	LUIS TORRENTE BELLAS	INDEPENDENTE	AS PONTES
101	30	34.04	veteranos	MARCIAL CALVO BELLO	INDEPENDENTE	NEDA
102	102	34.21	senior mas	ÓSCAR PITA VIDAL	INDEPENDENTE	BERGONDO
103	97	34.26	SENIOR FEM	LAURA CABARCOS BARRO	INDEPENDENTE	AS PONTES
105	38	34.38	veteranos	ALFONSO GARCÍA FRAGA	INDEPENDENTE	NARÓN
106	193	34.55	senior mas	JOSÉ MARCELO LANZA BEN	TRASGOS CORUÑA	BURELA
107	81	35.03	senior mas	ALBERTO LOSADA SAMPAYO	INDEPENDENTE	PORRIÑO
108	183	35.08	veteranos	JOSÉ MANUEL LÓPEZ FERNÁNDEZ	INDEPENDENTE	NARÓN
109	113	35.24	veteranos	LOLO CALVIÑO BUGUEIRO	INDEPENDENTE	BERGONDO
109	206	35.36	veteranos	MANUEL DÍAZ VÁZQUEZ	INDEPENDENTE	AS PONTES
110	7	35.46	veteranos	JESÚS MONTERO LAGO	INDEPENDENTE	CAMBRE
111	75	35.49	senior mas	CHEMA BERGANTIÑOS LÓPEZ	INDEPENDENTE	BAAMONDE
112	177	36.04	veteranos	JOSÉ ANTONIO ROUCO IGLESIAS	INDEPENDENTE	AS PONTES
113	32	36.42	veteranos	JOSÉ LÓPEZ SILVEIRO	INDEPENDENTE	CARIÑO
114	68	37.07	senior mas	FERNANDO LÓPEZ MONTERO	INDEPENDENTE	AS PONTES
115	188	37.16	senior mas	JESÚS PRIETO RAMOS	INDEPENDENTE	AS PONTES
116	178	37.16	senior mas	JUAN RODRÍGUEZ MARTÍNEZ	INDEPENDENTE	AS PONTES
117	194	37.17	senior mas	GERARDO GARCÍA DOCE	INDEPENDENTE	AS PONTES
118	180	37.29	SENIOR FEM	PATRICIA DOPICO RODRÍGUEZ	INDEPENDENTE	AS PONTES
119	196	37.29	senior mas	IVÁN CABARCOS DOPICO	INDEPENDENTE	AS PONTES
120	158	37.56	VETERANAS	ROCÍO FONTAO BARRO	OLYMPO AS PONTES	AS PONTES
121	197	38.06	VETERANAS	OBDULIA GARCÍA PICALLO	INDEPENDENTE	AS PONTES
122	29	38.21	veteranos	ÓSCAR MAÑÓN VÁZQUEZ	INDEPENDENTE	FERROL
123	42	38.24	VETERANAS	NURIA DÍAZ PÉREZ	INDEPENDENTE	AS PONTES
124	41	38.25	veteranos	VICENTE FRAGA MARTÍNEZ	INDEPENDENTE	AS PONTES
125	202	38.43	VETERANAS	TINA SANJURJO GIZ	ARTYEON	GETAFE
126	209	38.43	veteranos	MANUEL VILABOY FIDALGO	INDEPENDENTE	AS PONTES
127	205	38.45	veteranos	JAVIER CARBALLO OSEIRA	INDEPENDENTE	AS PONTES
128	103	38.52	SENIOR FEM	CAROLINA GARCÍA VALES	CLUB ATLETISMO SADA	BERGONDO
129	146	39.18	VETERANAS	PATRICIA BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
130	71	40.21	SENIOR FEM	IRIA PAZOS VÁZQUEZ	INDEPENDENTE	BETANZOS
131	63	41.33	senior mas	FRANCISCO FORMOSO EIROA	INDEPENDENTE	AS PONTES
132	64	41.33	senior mas	VÍCTOR FORMOSO EIROA	INDEPENDENTE	AS PONTES
133	156	46.52	SENIOR FEM	BELÉN DOPICO RODRÍGUEZ	OLYMPO AS PONTES	AS PONTES
134	144	46.53	VETERANAS	NATALIA BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
135	175	55.21	veteranos	MANUEL RIVERA FERNÁNDEZ	INDEPENDENTE	AS PONTES
135	175	55.21	veteranos	MANUEL RIVERA FERNÁNDEZ	INDEPENDENTE	AS PONTES
As Pontes, a 18 de marzo de 2012						

Clasificación Carreira Absoluta por Categorías XXII SAN XOSÉ 2012

CATEGORÍA XUVENIL MASCULINA

N.	Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	49	35	28.38	xuvenil mas	ADRIÁN GONZÁLEZ REY	INDEPENDENTE	NARÓN
2	93	171	32.33	xuvenil mas	WALISON DASILVA GAMA	OLYMPO AS PONTES	AS PONTES

CATEGORÍA SENIOR MASCULINA

N.	Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	1	70	19.19	senior mas	HASSAN LEKHILI	ACADEMIA POSTAL OURENSE	OURENSE
2	2	174	19.21	senior mas	ROBERTAS GERALAVICIUS	GIMNÁSTICA	PONTEVEDRA
3	3	117	19.54	senior mas	AKKA ESSAADAQUI	INDEPENDENTE	PONTEVEDRA
4	5	72	23.13	senior mas	JOSÉ SEOANE SÁNCHEZ	REAL CLUB CELTA ATLETISMO	LUGO
5	6	129	23.41	senior mas	JAVIER FERNÁNDEZ FERNÁNDEZ	FONTES DO SAR	VILARGARCÍA
6	8	10	24.29	senior mas	IVÁN GARCÍA NUÑEZ	INDEPENDENTE	AS PONTES
7	9	153	24.35	senior mas	DAVID CASTRO CAMPELLO	OLYMPO AS PONTES	AS PONTES
8	13	136	25.22	senior mas	ALBERTO CASTRO BLANCO	INDEPENDENTE	CORUÑA
9	15	34	25.32	senior mas	MIGUEL A. REY LÓPEZ	INDEPENDENTE	NARÓN
10	16	2	25.36	senior mas	JUAN JOSÉ BLANCO MAROÑO	INDEPENDENTE	FENE
11	20	185	26.13	senior mas	MIGUEL BLANCO LÓPEZ	INDEPENDENTE	AS PONTES
12	23	24	26.30	senior mas	JOSÉ LUIS ALTAMIRANDA BLANCO	INDEPENDENTE	ARES
13	26	87	26.54	senior mas	GONZALO PITA BARROS	INDEPENDENTE	AS PONTES
14	27	51	27.03	senior mas	MIGUEL ÁNGEL PÉREZ BARRO	INDEPENDENTE	VILALBA
15	28	9	27.15	senior mas	MANUEL FERRO DOPICO	OLYMPO AS PONTES	AS PONTES
16	29	165	27.18	senior mas	CÉSAR RAMIL FERREIRO	OLYMPO AS PONTES	AS PONTES
17	30	163	27.21	senior mas	ABEL PÉREZ CORRAL	OLYMPO AS PONTES	AS PONTES
18	31	80	27.25	senior mas	JOSÉ MARÍA FERNÁNDEZ BLANCO	ATLETISMO C. COMARCA	CORUÑA
19	32	192	27.37	senior mas	ALBERTO PARDO FERNÁNDEZ	ATLETISMO C. COMARCA	CORUÑA
20	33	53	27.41	senior mas	ÓSCAR BOUZA RODRÍGUEZ	INDEPENDENTE	VALDOVIÑO
21	34	140	27.46	senior mas	ALEJANDRO ALARCÓN GIRALDO	OLYMPO AS PONTES	AS PONTES
22	36	23	27.56	senior mas	ALBERTO CHAMORRO DÍAZ	INDEPENDENTE	FERROL
23	37	168	27.59	senior mas	MIGUEL VILABOY ROMERO	OLYMPO AS PONTES	AS PONTES
24	38	54	28.00	senior mas	JOSÉ MANUEL ROCA RODRÍGUEZ	A FUME DE CAROZO	ARANGA
25	39	25	28.04	senior mas	CARLOS DÍAZ LÓPEZ	TRASGOS CORUÑA	CORUÑA
26	42	15	28.17	senior mas	ALFONSO PÉREZ SANFIZ	RÍA FERROL	OUTEIRO DE REI
27	43	182	28.21	senior mas	DAVID LÓPEZ FERNÁNDEZ	INDEPENDENTE	NARÓN
28	44	169	28.22	senior mas	LUIS VILASUSO PITA	OLYMPO AS PONTES	AS PONTES
29	45	204	28.24	senior mas	ANTONIO POLO CAMPELLO	INDEPENDENTE	AS PONTES
30	47	36	28.34	senior mas	JORGE RODRÍGUEZ BORRAJO	INDEPENDENTE	AS PONTES
31	48	98	28.35	senior mas	ROBERTO CABANAS ORIZALES	INDEPENDENTE	AS PONTES
32	50	127	28.41	senior mas	RAMÓN LAMEIRO POPARIÑA	INDEPENDENTE	VILALBA
33	51	86	28.46	senior mas	FELIPE PITA BARROS	INDEPENDENTE	AS PONTES
34	53	179	29.04	senior mas	RAMÓN VARELA CASTELO	INDEPENDENTE	OUIROL
35	57	99	29.41	senior mas	CARLOS GONZÁLEZ CRIADO	INDEPENDENTE	CAMBRE
36	59	27	29.47	senior mas	PEDRO DOMENECH GONZÁLEZ	ATLETISMO C. COMARCA	CULLEREDO
37	60	186	29.59	senior mas	PABLO PARDO BERMÚDEZ	INDEPENDENTE	ROUPAR
38	61	120	30.00	senior mas	FRANCISCO TORRADO ARES	INDEPENDENTE	ASTURIAS
39	62	77	30.05	senior mas	SERGIO INFANTE LÓPEZ	INDEPENDENTE	PONTEDEUME
40	64	16	30.17	senior mas	EDUARDO CERNADAS VÁZQUEZ	INDEPENDENTE	VALDOVIÑO
41	66	17	30.23	senior mas	LORENZO GRAÑA MURADO	INDEPENDENTE	AS PONTES
42	67	96	30.24	senior mas	MIGUEL CABARCOS ROUCO	INDEPENDENTE	AS PONTES
43	68	85	30.35	senior mas	BRUNO PARDO FLEIRE	INDEPENDENTE	AS PONTES
44	70	128	30.50	senior mas	JUAN JOSÉ BARJA GRAÑA	INDEPENDENTE	ABADÍN
45	71	45	30.51	senior mas	BENEDICTO GONZÁLEZ PÁRRAGA	INDEPENDENTE	FERROL
46	74	203	31.03	senior mas	SALEM BRAHIM MOHAMED	INDEPENDENTE	AS PONTES
47	75	84	31.05	senior mas	HELIO BAAMONDE MONTES	INDEPENDENTE	AS PONTES
48	77	149	31.15	senior mas	HUGO BLANCO BLANCO	OLYMPO AS PONTES	AS PONTES
49	79	159	31.21	senior mas	XALO MAIRA PERNAS	OLYMPO AS PONTES	AS PONTES
50	80	118	31.23	senior mas	PABLO ÁLVAREZ SOAZ	INDEPENDENTE	SADA
51	81	106	31.25	senior mas	DANIEL GRANADERO REY	INDEPENDENTE	AS PONTES

52	87	67	32.00	senior mas	MARTÍN BLANCO HERMIDA	INDEPENDENTE	A CAPELA
53	90	92	32.12	senior mas	JAVIER CRUZ MORILLO	INDEPENDENTE	AS PONTES
54	91	58	32.18	senior mas	GONZALO MARTÍN BRANDON CASTRO	INDEPENDENTE	CORUÑA
55	94	134	32.37	senior mas	ELOY TEMBRÁS FRANCO	INDEPENDENTE	AS PONTES
56	96	207	33.27	senior mas	LUIS BARRIO CASÁS	INDEPENDENTE	AS PONTES
57	97	95	33.41	senior mas	DANIEL BOUZA CRIADO	INDEPENDENTE	AS PONTES
58	99	191	33.42	senior mas	MANUEL LEDO LORENZO	INDEPENDENTE	AS PONTES
59	102	102	34.21	senior mas	ÓSCAR PITA VIDAL	INDEPENDENTE	BERGONDO
60	106	193	34.55	senior mas	JOSÉ MARCELO LANZA BEN	TRASGOS CORUÑA	BURELA
61	107	81	35.03	senior mas	ALBERTO LOSADA SAMPAYO	INDEPENDENTE	PORRIÑO
62	111	75	35.49	senior mas	CHEMA BERGANTIÑOS LÓPEZ	INDEPENDENTE	BAAMONDE
63	114	68	37.07	senior mas	FERNANDO LÓPEZ MONTERO	INDEPENDENTE	AS PONTES
64	115	188	37.16	senior mas	JESÚS PRIETO RAMOS	INDEPENDENTE	AS PONTES
65	116	178	37.16	senior mas	JUAN RODRÍGUEZ MARTÍNEZ	INDEPENDENTE	AS PONTES
66	117	194	37.17	senior mas	GERARDO GARCÍA DOCE	INDEPENDENTE	AS PONTES
67	119	196	37.29	senior mas	IVÁN CABARCOS DOPICO	INDEPENDENTE	AS PONTES
68	131	63	41.33	senior mas	FRANCISCO FORMOSO EIROA	INDEPENDENTE	AS PONTES
69	132	64	41.33	senior mas	VÍCTOR FORMOSO EIROA	INDEPENDENTE	AS PONTES

CATEGORÍA VETERANOS

N.	Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	4	115	23.04	veteranos	RAMÓN SERANTES GÓMEZ	ATLETISMO C. COMARCA	CORUÑA
2	7	145	24.05	veteranos	JUAN CARLOS BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
3	11	121	25.09	veteranos	GERARDO ALONSO PIÑEIRO	INDEPENDENTE	CABANAS
4	12	143	25.16	veteranos	MODESTO BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
5	17	187	25.39	veteranos	MARCOS LOSADA GARCÍA	NOITEBRA FC	SANTIAGO
6	18	208	25.42	veteranos	MANUEL MOSQUERA ESTÉVEZ	PINAR DONIÑOS	FERROL
7	19	89	25.59	veteranos	JOSÉ MANUEL PÉREZ PEREIRA	INDEPENDENTE	RIBADEO
8	22	198	26.24	veteranos	MANUEL FCO. RODRÍGUEZ VÁZQUEZ	INDEPENDENTE	LUGO
9	24	44	26.33	veteranos	JOSÉ ANTÓNIO TEMBRÁS AMENEIRO	CASTRO DE LOBADIZ	AS PONTES
10	35	66	27.50	veteranos	JOSÉ MANUEL DOPICO SOTO	INDEPENDENTE	NEDA
11	46	11	28.33	veteranos	JOSÉ MANUEL MARTÍNEZ FERNÁNDEZ	ATLETISMO MONTE SEGADE	LUGO
12	52	69	28.48	veteranos	MANUEL LÓPEZ CORRAL	INDEPENDENTE	AS PONTES
13	54	6	29.19	veteranos	SANTIAGO GARCÍA BELLO	INDEPENDENTE	CAMBRE
14	55	78	29.26	veteranos	PEDRO ABELEDO CORTIZAS	AFFLELOU NARÓN	NARÓN
15	56	37	29.37	veteranos	JOSÉ RAMÓN SOUTO LÓPEZ	INDEPENDENTE	NARÓN
16	58	83	29.43	veteranos	JULIO VÁZQUEZ PEDREIRA	ATLETISMO AS MARIÑAS	BETANZOS
17	63	40	30.13	veteranos	CARLOS PAZOS PORTO	INDEPENDENTE	COIRÓS
18	65	201	30.21	veteranos	PEDRO FARALDO MAROÑO	ARTYEON	GETAFE
19	72	91	30.54	veteranos	ROBERTO SANJUAN SÁNCHEZ	INDEPENDENTE	MUGARDOS
20	82	195	31.26	veteranos	ARMANDO PERMUY DÍAZ	INDEPENDENTE	AS PONTES
21	84	50	31.29	veteranos	ANTONIO SOUTO REGO	INDEPENDENTE	VILALBA
22	85	90	31.32	veteranos	JUAN ANTONIO EXPÓSITO LOZANO	ZEPPELIN ATLÉTICO	NARÓN
23	86	73	31.37	veteranos	ALBERTE SOUTO SOUTO	INDEPENDENTE	AMES
24	88	76	32.08	veteranos	RICARDO BRANDON VENOZZA	INDEPENDENTE	CORUÑA
25	89	18	32.09	veteranos	DAVID ÁLVAREZ RODRÍGUEZ	INDEPENDENTE	AS PONTES
26	98	5	33.42	veteranos	JOSÉ MIGUEL VARELA LAMIGUEIRO	INDEPENDENTE	AS PONTES
27	100	65	34.03	veteranos	LUIS TORRENTE BELLAS	INDEPENDENTE	AS PONTES
28	101	30	34.04	veteranos	MARCIAL CALVO BELLO	INDEPENDENTE	NEDA
29	105	38	34.38	veteranos	ALFONSO GARCÍA FRAGA	INDEPENDENTE	NARÓN
30	108	183	35.08	veteranos	JOSÉ MANUEL LÓPEZ FERNÁNDEZ	INDEPENDENTE	NARÓN
31	109	113	35.24	veteranos	LOLO CALVIÑO BUGUEIRO	INDEPENDENTE	BERGONDO
32	109	206	35.36	veteranos	MANUEL DÍAZ VÁZQUEZ	INDEPENDENTE	AS PONTES
33	110	7	35.46	veteranos	JESÚS MONTERO LAGO	INDEPENDENTE	CAMBRE
34	112	177	36.04	veteranos	JOSÉ ANTONIO ROUCO IGLESIAS	INDEPENDENTE	AS PONTES
35	113	32	36.42	veteranos	JOSÉ LÓPEZ SILVEIRO	INDEPENDENTE	CARIÑO
36	122	29	38.21	veteranos	ÓSCAR MAÑÓN VÁZQUEZ	INDEPENDENTE	FERROL
37	124	41	38.25	veteranos	VICENTE FRAGA MARTÍNEZ	INDEPENDENTE	AS PONTES
38	126	209	38.43	veteranos	MANUEL VILABOY FIDALGO	INDEPENDENTE	AS PONTES
39	127	205	38.45	veteranos	JAVIER CARBALLO OSEIRA	INDEPENDENTE	AS PONTES

40	135	175	55.21	veteranos	MANUEL RIVERA FERNÁNDEZ	INDEPENDENTE	AS PONTES
41	135	175	55.21	veteranos	MANUEL RIVERA FERNÁNDEZ	INDEPENDENTE	AS PONTES

CATEGORÍA SENIOR FEMININA

N.	Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	14	59	25.30	SENIOR FEM	RAQUEL SUÁREZ PEDROSA	RÍA FERROL	SANTIAGO
2	21	122	26.23	SENIOR FEM	MARICARMEN PENAS BLANCO	COMESAÑA	ARZÚA
3	40	114	28.11	SENIOR FEM	EUSEBIA MALDONADO	INDEPENDENTE	CORUÑA
4	41	172	28.15	SENIOR FEM	TEREZA CTVRTNICKOVA	GALLAECIA RAID	REP. CHECA
5	69	154	30.49	SENIOR FEM	SUSANA CASTRO PENA	OLYMPO AS PONTES	AS PONTES
6	73	47	30.59	SENIOR FEM	MARÍA SOUTO PRIETO	LUCUS CAIXA RURAL	VILALBA
7	92	164	32.31	SENIOR FEM	VIRGINIA POLO CAMPELLO	OLYMPO AS PONTES	AS PONTES
8	95	107	33.16	SENIOR FEM	ISABEL LEDO FILGUEIRAS	INDEPENDENTE	AS PONTES
9	103	97	34.26	SENIOR FEM	LAURA CABARCOS BARRO	INDEPENDENTE	AS PONTES
10	118	180	37.29	SENIOR FEM	PATRICIA DOPICO RODRÍGUEZ	INDEPENDENTE	AS PONTES
11	128	103	38.52	SENIOR FEM	CAROLINA GARCÍA VALES	CLUB ATLETISMO SADA	BERGONDO
12	130	71	40.21	SENIOR FEM	IRIA PAZOS VÁZQUEZ	INDEPENDENTE	BETANZOS
13	133	156	46.52	SENIOR FEM	BELÉN DOPICO RODRÍGUEZ	OLYMPO AS PONTES	AS PONTES

CATEGORÍA VETERANAS

N.	Pto.	Dorsal	Tempo	Categoría	Nome e apelidos	Club	Localidade
1	10	132	24.58	VETERANAS	FERNANDA MIRANDA	S.C. DE BRAGA	PORTUGAL
2	25	137	26.37	VETERANAS	ESTHER PEDROSA CARRETE	USC	SANTIAGO
3	76	155	31.11	VETERANAS	ANA DOPICO RODRÍGUEZ	OLYMPO AS PONTES	AS PONTES
4	78	147	31.19	VETERANAS	SUSANA BELLAS BERMÚDEZ	OLYMPO AS PONTES	AS PONTES
5	83	112	31.27	VETERANAS	PURIFICACIÓN FERNÁNDEZ CAMPOS	INDEPENDENTE	BERGONDO
6	120	158	37.56	VETERANAS	ROCÍO FONTAO BARRO	OLYMPO AS PONTES	AS PONTES
7	121	197	38.06	VETERANAS	OBDULIA GARCÍA PICALLO	INDEPENDENTE	AS PONTES
8	123	42	38.24	VETERANAS	NURIA DÍAZ PÉREZ	INDEPENDENTE	AS PONTES
9	125	202	38.43	VETERANAS	TINA SANJURJO GIZ	ARTYEON	GETAFE
10	129	146	39.18	VETERANAS	PATRICIA BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES
11	134	144	46.53	VETERANAS	NATALIA BARRO ROCHELA	OLYMPO AS PONTES	AS PONTES